

## HEALTH LIAISON BOARD

Minutes of the meeting held on 23 May 2018 commencing at 2.00 pm

Present: Cllr. Dyball (Chairman)

Cllrs. Clark, Parkin, Searles and Miss. Stack

Apologies for absence were received from Cllrs. Dr. Canet, Esler and Halford

Cllr. Mrs Bosley was also present.

1. Minutes

Resolved: That the Minutes of the meetings of the Board held on 7 February 2018 be approved and signed by the Chairman as a correct record.

2. Declarations of Interest

There were no additional declarations of interest.

3. Actions from the previous meeting

The Head of Housing and Health advised that an email had been circulated to all members including the requested Licensing Public Access link. As requested by the Board, the Head of the Licencing Partnership discussed the Street Trader Framework with the legal team and the Chief Officer. She advised that there was no desire at the present time to pursue the adoption and implementation of a street trading licensing scheme within Sevenoaks. It would be put in the licensing service plan for 2018/19 to investigate viability and practicalities of implementing a street trading scheme in the future.

4. Update on West Kent Health - One You

The Head of Housing and Health gave members an overview of the work of the new West Kent 'One You' Health Service, developed in partnership with Kent County Council and neighbouring District Councils. The service works with partners to deliver health improvement services through a holistic assessment model and the national 'One You' health campaign. Local residents were supported to improve their health and wellbeing and reduce health inequalities thorough targeted assessments and interventions.

The Head of Housing and Health welcomed the Healthy Living Project Officer to give a [presentation](#) to the board. He provided some background information to the National Campaign which focused on six areas; smoking, drinking, eating, moving,

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sleep and stress. At the Council these priorities were accompanied by housing and financial support and advice. A range of different council departments and partner organisations had been working together to provide quality support.

NHS health checks have been offered by One You advisors to those between 40 and 74 who had been either self-referred or referred by their GP with no health problems. Mobile applications were also in operation which could assist with behaviour change and quizzes could be taken on both the Kent County Council and Sevenoaks District Council websites with opportunities for One You self-referral. Completed self-referral forms would form a health team database which would allow the team to analyse referral patterns. Over 200 referrals had been received with the majority coming through the contact centre or GP's however there was expected to be an increase in online self-referrals which currently appeared low, due to the limited time the website had been live. The One You Service had been running workshops based on need and had planned targeted work to reach out to individuals who could be less likely to seek support. Future plans also included seeking new funding opportunities, partnerships, increased referrals in all areas of the district and engagement with national health campaigns. A One You advisor in attendance at the meeting provided greater insight into the referral and support process and client case studies. She also highlighted the importance of workshops targeted at improving mental health and also those tailored for specific groups.

Resolved: That the report be noted

### 5. Update on GP pilot - 'One You Your Home' Project

The Head of Housing and Health updated Members on this Council's involvement in the 'One You Your Home Project'. She advised how the Council had developed a new pilot project with three local GP surgeries, in partnership with Age UK and funded by this Council's allocation of the Better Care Fund. The project aimed to support residents, identified by health professionals, with non-medical issues such as the need for home adaptations and equipment, help with housing and financial issues and healthy lifestyle behaviours.

The One You 'Your Home' advisor in attendance at the meeting informed the Board of her experiences including supporting Edenbridge Surgery, with many of the referrals coming from GPs and Dementia Cafes. The 'Your Home' project incorporated the Sevenoaks specific housing and finance aspects into the National One You health campaign. She discussed case studies to help describe the role and the support available.

Member discussed the update, how to better reach out to those not usually engaging in services, and what the health responsibilities of districts were compared with other local authorities.

Resolved: That the report be noted

6. Updates from Members

The Chairman, Cllr. Dyball advised that the third Every Step Counts walk had been very well attended and referrals had been coming in through the One You Advisors for the Swanley Every Step Counts walk. Cllr Dyball emphasised the benefits of the Every Step Counts walks for the communities they take place in and the health of the participants.

Cllr. Clark [tabled](#) a written summary of his updates to the board. Cllr. Clark advised that the Rural Services Network Health and Social Care Board had made a submission to the Housing Communities and Local Government Committee which had identified the challenges of providing social care in rural areas. Cllr. Clark also advised that the GP surgery in New Ash Green was currently struggling with recruiting new staff which was resulting in waiting times of three to four weeks. Members and Officers discussed the possibility of posting a One You Advisor in the surgery to help filter patients. Cllr. Clark advised the board on the New Ash Green Community Hub which had got off to a good start and provided an opportunity to combat loneliness and isolation. Members discussed the Action with Communities in Rural Kent Coffee Caravan and whether this scheme might be eligible for Community Infrastructure Levy (CIL) funding. A future update on the success of the van was considered. Members and Officers also discussed a how a similar van initiative may be suitable for the One You service.

Cllr. Searles proposed that he would discuss with the CCG Board if they would like to send a representative to present to the Board. Cllr Searles advised that he was the Council's representative on the KCC Health and Wellbeing Board. He was yet to receive updates on the proposal for a GP in the A&E department at Darent Valley Hospital.

Cllr. Parkin advised the Board that the Alzheimer's and Dementia Support Services (ADSS) had organised a dementia friendly community singing event which would meet monthly and a Summer Fayre was also planned in West Kingsdown.

Cllr. Stack advised she supported the formulation of some training on the health approach, she hoped it could potentially be included in member training.

*Action 1: for the Head of Housing and Health to discuss with the Portfolio Holder where the council can do more to promote health in all policies and departments*

The Chairman invited the Council Chairman, Cllr Pat Bosley to update the Board on her ambitions for the year relating to health and wellbeing. She advised the Board a range of events she would be organising and taking part in.

7. Workplan

The work plan was noted with Members considering possible external attendees for the coming year. The following additions were agreed:

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19 September 2018 - Cllr Stack to update on the One You Marketing Campaign  
7 November 2018 - Community Safety Manager to Update on the work of the LSP  
Mental Health Sub Group  
A representative from KCC to talk on the future of strategic commissioning

THE MEETING WAS CONCLUDED AT 3.35 PM

CHAIRMAN